



Goose Creek CISD School Health Advisory Council

Meeting Minutes for October 8, 2024

I. MEETING DETAILS

Meeting Facilitator: Amanda Kennington, SHAC Chair/Facilitator

Date: Tuesday, October 8, 2024 Time: 5pm-6:30pm

Location: GCCISD Administration Building - Board Room 4544 Interstate 10 East Baytown, TX 77521

Type: General Meeting - Closed to Public

II. CONVENE MEETING OF THE SHAC

Meeting called to order by SHAC Chair - Mrs. Kennington - **5:20pm**

***Audio unavailable due to unforeseen technical issues.**

III. ATTENDANCE

Quorum met. 37 appointed members in attendance. 5 invited guests. 50 total in attendance.

Members in attendance: Briceida Alcaraz, Tanya Alexander, Harry Lee Allen Jr, Deanna Armstrong, Natalie Arteaga, Delia Bertrand, Steven Bingham, Louann Bowers-Taylor, Kimberly Brock, Thresa Caldwell, Sam Chapa, Sandra L Corner, Bruce Cortez, Ashley Cox, Jade Cox, Valencia Davis, Angela DeGuerra, Jessica DeLaune, Natalie Edwards, Pavandeep Kaur Gill, Jesse Hardin, Denisse Hernandez, Wes Hines, Lachanda Huff, Michelle Kaisley, Amanda Kennington, James Knodell, Joel Kunz, Krizia Luna, Deanna Marsalis, Lee Martinez, Mirtha Morales, Patricia Pena, Kaci Pena, Veronica Powell, David Reed, Tricia Times

Guests in attendance: Damaris Vega (Chambers Health), Jennifer Starr (Pumphrey Elementary), Nareida Cardenas (Lee High School), James Gray (Highlands Junior), Lori Rumfield (GCCISD Community Engagement).

IV. COMMUNITY CORRESPONDENCE

Total membership stands at 45 (23 Parents, 19 Employees, 3 Community Representatives).

V. CONSIDERATION AND APPROVAL

A. Approval of Minutes - Tabled by SHAC Chair/Facilitator

B. Motion to approve the appointment of the 2024-2025 GCCISD SHAC Officers: SHAC Parent Chair, David Reed, and SHAC Secretary, Ashley Cox as nominated.

a. Suggestion was made: **David Reed & Second by: Ashley Cox** to approve the appointment of SHAC Officers via a virtual vote.

b. Discussion: SHAC Members **agreed** to virtual vote. SHAC Facilitator provided an opportunity for any additional nominations from the floor or via electronic email.

C. Presentation: Baytown Crime Stoppers at GCCISD - Tabled by SHAC Chair/Facilitator

VI. NEW BUSINESS

A. Celebration - Tabled by SHAC Chair/Facilitator

B. SHAC Committee Wellness Area Updates

Health Education/Physical Education/Physical Activity & Fitness Committee

Amanda Kennington, GCCISD Healthy Community School Coordinator, shared Travis Elementary School who recently organized a Walk to School with over 100 participants! Highlands Elementary hosted a CATCH Family night and Car Show and had a great turnout! Travis Elementary is currently conducting Family P.E. Week! If you would like an opportunity to participate in a Walk To School, Bowie Elementary

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is hosting an event this Friday at 7am starting at Christian Life Community Church to encourage physical activity and fun! Mrs. Kennington shared a few presentation slides highlighting district accomplishments in the areas of physical education, nutrition education, and family engagement. Data from 2023-2024 in the district adopted CATCH (Coordinated Approach To Child Health) program included:

CATCH Family Nights

- 27 CATCH Family Nights hosted by 26 schools with an estimated 4,028 CATCH Family Night attendees
- 11 CATCH CSH Workshops hosted with 204 staff members trained
- 7 Walk/Bike to Schools hosted

PE Cohort & CATCH Community Trainers

- 14 PE Teachers participated in Cohort with 95% attendance to meetings
- 20 **presentations** to faculty and staff by trainees
- 7 presentations by **CATCH Community Trainers**
- 849 **attendees** present at the PE cohort professional development presentations
- 8 cohort members who attended the SHAC PA and Fitness subcommittee meetings
- 15 trainees who attended the TAHPERD conference

Implementation

- **63%** of campuses (out of 24) that have **50% of eligible staff responding to the survey**
- 4119 staff are eligible to take the CATCH implementation survey and **2556 staff participated**
- An average of **37 PE teachers** and average of **390 teachers** participated in CATCH implementation surveys each grading period

CATCH Evaluation

- **24** CATCH Implementation sites **impacting 16,728 students**
- 2617 students participated in **SPAN** surveys (78% of 4th grade students & 69% of 5th grade students)
- 3 schools participated in **SOFIT** Observation
- **83%** or 10,080 students assessed and tracked in **FitnessGram**

The 2023-2024 21-Day Snacking Challenge Data Report for GCCISD in partnership with HCA Houston and Kids Teaching Kids:

- 763 sign ups - 120 completed (15.7%)
- 33.7% of families that register felt food insecure – (Note: we can breakdown the specific schools in you want more information)
- 86.7% of students tried a new fruit/veggie during the challenge
- 16% increase in fruit/veggie consumption during snack time after the challenge
- Decrease in chip consumption by 44%, cookies/candy by 52% and soda by 65%
- 72% watched at least one Wellness (mindful) video
- 79% watched at least one activity video

We will use district data this year to compare to last year's report.

Jade Cox, GCCISD Specialist Career and Technical Education, shared that the district Career Technical Education & PE departments received funding from United for participation. The CTE students have developed a marketing plan for 2024-2025 to increase awareness and participation for this family engagement activity.

The **Kids Teaching Kids®** recipe book is created each year by high school graphic design students, while culinary students develop the recipes.

The 21-Day Snacking Challenge continues to make great strides in getting kids to eat fruits and vegetables and try new ones.

The recipe book also provides wellness activities with our partnership with the Texas Association on Health, Physical Education, Recreation, and Dance (TAHPERD) and social/emotional learning video resources.

Recipe Book: <https://kids-teaching-kids.com/locations/ktk-north-texas/cookbook-archives/index.dot>

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Mrs. Kennington shared active recess data (for elementary campuses):

- 7 schools participating in active recess and 165 recess supervisor staff members trained in 2023-2024; 21 campuses completed S-PAPA surveys and SHAC recommended expanding active recess to all elementary schools in 2024-2025; 82% of all elementary schools reporting that they are providing at least 15-20 minutes of recess per day; Recommended Recess Guidelines shared via email with all elementary campus principals and in wellness plan.
- PE Teachers will continue professional development this year, in fact, the GCCISD PE Teacher Cohort has been selected to present 2 sessions at TAHPERD. Certified CATCH PE Community Trainers will be participating in professional development in November to continue certification for 2 years.

- **Agenda Item D.2.a.i.** HB 3908: Fentanyl Instruction - [CATCH Fentanyl Facts Video](#) - Tabled by SHAC Chair/Facilitator

Lee Martinez, GCCISD Athletic Director, shared that the junior school PE teachers successfully implemented the Choosing the Best Lessons during Abstinence Education Week in September 2024- the lessons impacted over 3,087 students. The schools also planned and participated in Service Learning Projects on campus. Programming is supported by the Houston Health Department. Opt-in consent required before instruction. Proposed to continue to include opt-in as part of student registration.

Health Services/Social Behavioral Services and Counseling/Employee Wellness

Lee Martinez and **Patricia Pena**, GCCISD Health Services Coordinator shared information and answered members' questions regarding (EKG/ECG) training and heart screenings as a part of the Cody Stephens Foundation initiative. Members were invited to attend a Community Conversation on the Fentanyl Crisis to be hosted at Lee College, Rundell Hall Conference Room on Oct. 10, 6-8pm. Free to the public and free naloxone to attendees. Goal is to expand to perform ECG's for all athletes in 7th, 9th and 11th grades. District trained nurses and trainers on how to use the equipment. The district owns 4 ECG machines. Screen and assess all UIL participants. Proposed to perform most of them at GiantCon, but still working on details on how to follow up with abnormal readings and possibly partner with pediatric partners.

Thresa Caldwell, Behavior & Mental Health Support Systems Coordinator, shared information about Start With Hello, one of Sandy Hook Promises initiatives to empower students to be more socially inclusive and connected to each other. Mrs. Caldwell also shared the following information:

- National Hispanic Heritage Month is a period from **September 15th to October 15th** in the United States for recognizing the contributions and influence of Hispanic Americans to the history, culture, and achievements of the United States.
- October is National Bullying Prevention Month! To celebrate the district's unity, the district is encouraging everyone to wear and share orange for **Unity Day - October 11, 2024**
- Chit Chat Family Engagement Family Fiesta Discussing Web of Lies: Human Trafficking & Social Media Risk. **October 23, 2024** at Horace Mann Junior School 6:15-7:30pm. Targeted Audience: 5th-12th Grade Families.
- **October 23, 2024** at Goose Creek Memorial the district is hosting College and Career Night for PK-12th grade from 6-7:30pm. Come connect with business partners, colleges, and GCCISD campuses to learn about career and college opportunities.
- GCCISD is also encouraging the community to participate in Red Ribbon Week Theme Days. October 28-Nov. 1, 2024. Monday - "Live Drug Free" Wear Red; Tuesday - "Put a Cap on Drugs" Wear Hats; Wednesday - "Dream Big, Don't Do Drugs" Wear College Shirts; Thursday - "Drugs are Wacky" Wear Mixed Match Clothes; Friday - "Team Up Against Drugs" Wear Jerseys

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Nutrition Services

Natalie Edwards, Director of Nutrition Services, shared resources for nutrition promotion. Visit the Nutrition Website here: <https://www.gccisd.net/page/FoodServices.Home> to learn more.

Family Engagement and Community Involvement

Mrs. Kennington invited members to attend the GCCISD Family Wellness Festival hosted at Goose Creek Memorial from 9am-12pm celebrating health and learning. We look forward to spending an epic day uniting students, families, GCCISD employees and community members. All are Welcome. Free vendor resources. Chit-chat on dangers of fentanyl. Student performances. DJ & Pictures with mascots. Healthy Snacks. Ready to play carnival style games. Door prizes and more.

c. SHAC Standing Sub-Committee Charge

- Mrs. Kennington explained that the SHAC District Executive Leaders serve as a resource to all subcommittee (SC) members and ensure that no important function is unfulfilled. The GCCISD SHAC has four standing SC's and additional ad hoc committees as needed. The Physical Activity & Fitness SC is mandated by TEA. SHAC appointed members are encouraged to participate on at least one subcommittee to provide input and ideas, however participation is optional. Each SC will select a Parent Co-chair and member Secretary. The SC Parent Co-Chair is responsible for facilitating SC meeting discussion, summarizing progress, and reporting recommendations and action items to the SHAC Executive Leader(s). The members selected subcommittees and participated in a working group activity to determine SC Parent Chair and SC Secretary; Discuss and identify some common celebrations, concerns, considerations, and curiosities that your committee highly rated or spoke the most about; Schedule subcommittee meetings for the Fall (late October, November, or December).
- The optional subcommittee meetings and officers were determined as follows:
 - Nutrition Services Subcommittee - Wednesday, 11/6/24 at 11am (Virtual); Parent SC Co-Chair: Denisse Hernandez and SC Secretary: Louann Taylor
 - Family Engagement & Community Involvement - Tuesday 10/22/24 at 5:30pm (Virtual); Parent SC Co-Chair: Briceida Alcaraz and SC Secretary: Delia Bertrand
 - Employee Wellness/Health Services/Mental & Social Climate - Monday 11/18/24 at 5:30pm (Virtual); Parent SC Co-Chair: Jesse Hardin and SC Secretary: LaChanda Huff
 - Health Ed/PE/Physical Activity & Fitness - Tuesday 11/12 at 1pm (Virtual); Parent SC Co-Chair: Mirtha Morales and SC Secretary: Krizia Luna

X. GOOD OF THE ORDER

- **Kaci Pena**, Director of Community Engagement United Way of Greater Baytown Area & Chambers County, shared information about the united way campaign, volunteer opportunities and resources.
- **Mrs. Kennington** shared information about resources for food resources in October with Hearts & Hands of Baytown.
- The next General SHAC meeting will be on December 10, 2024.

XI. ADJOURN

Meeting adjourned by SHAC Chair - Mrs. Kennington - **6:32pm**

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